

CHOLSEY PRE-SCHOOL

Newsletter 4
October 2nd

This week we have.....

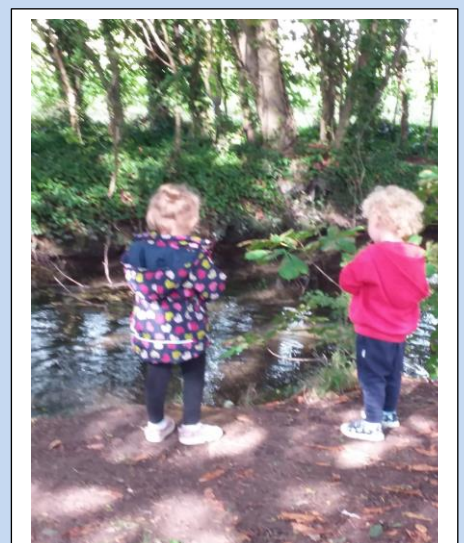
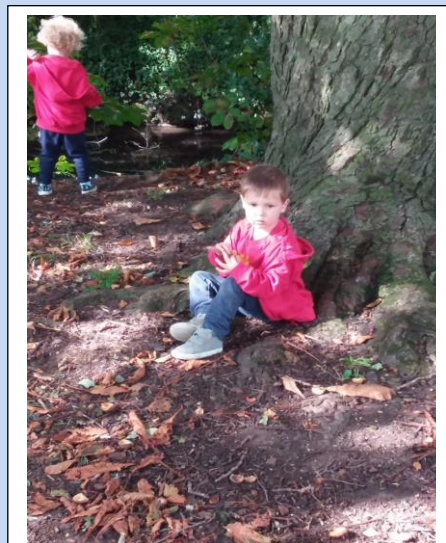
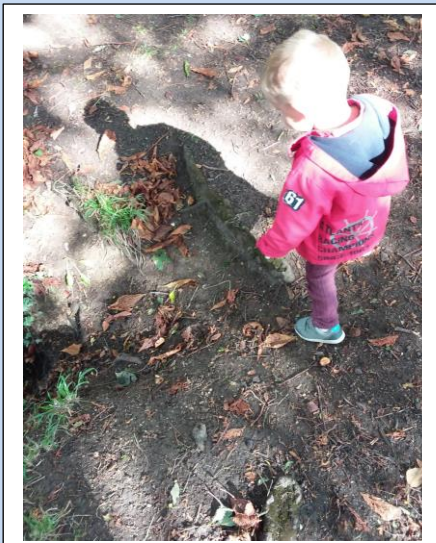
Been looking at Owls in Owl week, as well as Owls we have been looking and speaking about a lot of other birds as well. We set up a bird watching den outside and we had a bird spotting bag full of things to help us with our bird spotting, this included pens and paper to record our findings and binoculars to help us see them up close.

Been out on a lovely nature walk to the woods, we collected conkers which we brought back to Pre-School and these have been used as loose parts and in our Maths area.

Outside we have been building with the big blocks and again adding loose parts to their builds, one of the favourite builds has been obstacle courses, the children use the blocks, planks, bricks, hula hoops and whatever else they choose to make these courses which they then use.

Been treated to lots of wonderful goodies coming out of the café inside Pre-School, hot chocolate with marshmallows and cream has been a hit with the staff, sometimes we have added slices of cake with it and other times we have a slice of bread with some meat. We never know what creative bakes are going to come out of the café but we enjoy them all.

Been looking at identities and their identity, this has been displayed in art form in the context of their own peg doll for when they come into Pre-School. Once the Children and in and their hands are washed, they now go to their group area, find themselves (in Peg Doll form) and pop them in the house to let us know they are in Pre-School.



A HUGE THANKYOU

To all of you who have kindly gifted us items from our Amazon Wishlist. The items that are on there are to do with the way we are changing our Setting and Teaching and with the lack of Fundraising this is a way of being able to deliver the best teaching we can. We look forward to sharing with you the pictures of how they are being used.

The things on the list do change regularly with a priority given to what we really need.

Without Fundraising and also without Parents/Carers on our Committee we would not be able to run, this isn't being dramatic it is just factual. So, we Thank You again for your support to allow us to remain open and giving your children the best start that we can.

Reminders

A few reminders for you.

Firstly, can we just say how fantastic the lunch boxes are looking this year.

Please could we ask though, if you are popping grapes in their lunch boxes could you cut them in half lengthways.

Could we also ask that you make sure ALL clothing is labelled with your child's name. It makes it so much easier for us to identify if a piece of clothing is misplaced.

Dates for your Diary (please check Newsletters and online Notice Board for updates)

Half Term

Pre-School Finishes 11.45 am 23rd October.

Pre-School Starts Monday 2nd November

Christmas Holiday

Pre-School Finishes 11.45 am 18th December

Pre-School Starts Monday 4th January

This Month

We are into this wonderful month of October.

The season that displays such a variety of colour and natural changes.

October also sees

Black History Month, we will have a variety of stories, crafts and music to learn about Black History.

Walk to School Month, we would like to encourage you to walk to Pre-School this month, maybe show us what treasures you find on your way.

Big Draw Month, this is about the beauty of art and encouraging drawing. As we know, mark making is an extremely important part of a child's development. Please do show us your works of art, as individuals (mums, dads and all family members) or as a family effort.

We also have

World Space Week from the 4th - 10th

World Mental health Day 10th

Halloween October 31st

Self-Care

In order for you to be the best you can be for yourself and for others you need to have a little time for yourself, Mums, Dads and Carers this does mean you.

There has never been a more important time to take care of your Mental Well-Being and your Mental Health. This year has been particularly stressful and looks to continue, so by you looking after yourself you are role modelling to your children how they can look after themselves.

There are small ways you can implement some self-care into your life, this can just help to ground you and create a sense of calm in the chaos around us.

For the month of October try the following:

Go on a nature walk, and just look at what is going on around you, enjoy the peace and quiet, how the weather makes you feel and enjoy the colours.

Write down 5 moments a week that you are grateful for.

Enjoy a candlelit bath

Unplug from technology for 3 hours

Bake something, for you or someone else

Decorate your home for the Autumn season, bridge the outside to the inside

Enjoy a warm drink outside or on your doorstep

Read a good book

Take photos of the season

Send someone a handwritten letter

Listen to your favourite music