

CHOLSEY PRE-SCHOOL

Newsletter 11
December 13th 2019

This week we have.....

Once again we have been making some delicious mince pies, learning all about hygiene and baking.

We have been using our observation skills by using lolly sticks to replicate patterns that were printed on a board.

We have been doing lots of small world construction using dinosaurs and play people. We have extended their play and learning by talking to them about their play and adding to their play to extend their knowledge.

For maths we have been putting things in size order.

We have been using our fine motor skills and practising control by helping Father Christmas to his sleigh following lines with our fingers

The children have been making playdough by themselves, following our recipe.

In mini professors we learnt about Birds, flight and made bird feeders

Letters and Sounds and Family links we have been following on from last week.

We have also had the pleasure on watching 2 performances. 1 from Foundation class and 1 from Year 1.

Keep Calm, it's only Christmas

This time of year is so exciting with so much going on.

However, it can also be a testing time. There are so many stimulants around us, routines can go out the window, tiredness creeps in and boundaries are pushed.

How can you help your children and yourselves?

*Try to keep to a routine.

*Set clear boundaries. Easy for all to understand and follow with choices and consequences if need to. Check your tone of voice, use child friendly language and follow through with the consequence.

*Make sure you all have some physical activity in your day.

* Eat well, make mealtimes a relaxing family time.

* Reduce Screen Time.

*Set aside 5 minutes for you all to have some relaxation time. Laying down with the Christmas Tree Lights on and some relaxing music. Focus on your breathing, in through your nose out through your mouth. Tense and the relax your muscles, from those in your face all the way to your toes.

*Make sure you have a nice sleep, a good bedtime routine for all ages is very beneficial.

Further advice is available on the Family Links Website and also the NHS Change for life

<https://www.nhs.uk/change4life>

<https://www.familylinks.org.uk/free-downloads-for-parents>

Dates for your Diary (please check Newsletters, Notice boards and Website regularly for updates)

Pre-School Christmas Songs

17th December 9.15

Last Day of Term and Christmas Party

Wednesday 18th December

Term Starts

January 6th

Primary School Admissions

January 15th Closing date for applications

Term End and Start February

14th February

Term starts

24th February

Committee Information

Our committee/parents have 2 groups, one of Facebook and one on Whats App.

These are for information sharing only, no photos.

<https://www.facebook.com/groups/350985982217653/>

<https://chat.whatsapp.com/DOPFdziwOIDAQ5hZKlEbF>

Information and Contacting Us

Kirstie, who is in Pre-School on a Wednesday, will be taking over some of the admin tasks from now on. Kirstie won't be available everyday and sometimes I am on the Shop Floor with the children.

So, anything of utmost urgency please do contact us via telephone.

This includes if your child is absent, sick and a change of who is picking up, Emails will be dealt with ASAP.

Please do read the Newsletters or speak to your child's Keyperson in you have any questions.

This Week's Highlights

Monday

Year 1 performance

Tuesday

Mini Professors and Foundation performance

Wednesday

Mince Pie making

Thursday

Amazing Free Play

Friday

Small world construction